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"By the time I'm done with work, I'm so exhausted that some days I don't have the energy to hold a conversation. So, over time, I've had family [and] friends accuse me of not being socially receptive when they try to reach out." – IREGUME, 27, CONSULTANT, NIGERIA

Source: Gallup State of the Global Workplace: 2023 Report

Purpose

"After doing work, when I go home, I feel good that I built people's houses. When I see my kids, my family and parents, I forget all my stress and tiredness." — RAMJAS JI, MANAGER, INDIA

Source: Gallup State of the Global Workplace: 2023 Report

Meaningful Relationships

"We are not only coworkers, we are friends, so we hang out outside. We have barbecues, we go out to bars together. We hang out together, so I like it, I like it." – JONATHAN, STORE MANAGER, BRAZIL

Source: Gallup State of the Global Workplace: 2023 Report

